

For Immediate Release

SCANDINAVE SPA WHISTLER IS TOP DESTINATION FOR REALXATION AND WELLNESS

WHISTLER, BC CANADA – Whistler’s best spa experience, the Scandinave Spa Whistler opened in February 2010 and is the perfect destination or complement to any holiday-maker’s itinerary. The 20 000 square feet outdoor spa is spread over three acres and overlooks Whistler’s incredible landscape, offering the experience of hydrotherapy in the heart of nature.

After just one year of business, the Scandinave Spa Whistler has made an impression in their local community and beyond. The spectacular destination won the *Pique Newsmagazine’s* “Best Spa” designation in the “Best of Whistler ” awards. The website *Spas of America* also recognized Scandinave Spa Whistler as one of Canada’s top 100 spas in their annual listing.

The Scandinave Spa Whistler was designed as a unique landscape-derived activity guided by principles of sustainability. Green design strategies including vegetated ‘green roofs,’ a high-efficiency furnace and passive solar heating system help to minimize Scandinave’s impact on the environment while harmonizing with nature.

Scandinave Spa Whistler also favourably positions the resort in the health and wellness tourism market by offering a product that differs from the various spas in British Columbia. The outdoor facility, located only 1.5 km north of Whistler Village on the edge of Lost Lake park, is open year-round, rain or shine, and provides intense relaxation and rejuvenation in the heart of nature.

Hydrotherapy cleanses the body and skin while improving blood circulation and physical conditioning. Occurring in three stages, just a few hours are required to fully enjoy the benefits of hydrotherapy. In sequence, the body is first heated in the Eucalyptus steam bath, hot baths or wood burning Finnish sauna. Then, the body is cooled quickly in the Nordic waterfalls, cold plunges or shower. Finally, relaxation takes place in the serenity of solariums, hammocks, and terraces or by the outdoor fireplaces. And for the ultimate relaxation, combine a Swedish, Deep tissue, sports, hot stone or Thai Yoga massage with the baths.

The Scandinave Spa Whistler is committed to local suppliers and has engaged in partnership with the Bearfoot Bistro to deliver the catering. Renowned for the modern haute cuisine of Executive Chef Melissa Craig, Bearfoot Bistro was voted Whistler’s Best Restaurant 2009 by *Vancouver Magazine*.

About Scandinave Spa

Scandinave Spa is a group specializing in the conceptualization, design and management of hydrotherapy spas. Scandinavian-style spas provide an authentic spa experience in natural and urban environments. The group's portfolio currently includes four spas. One in Mont-Tremblant, PQ, which was recently voted one of top 12 Best Eco-Spas in the world by Organic Spa Magazine, one urban spa in Old Montreal, PQ, proud recipient of interior design awards, one franchised spa at Blue Mountain, ON, named one of top 50 spas in America according to Spas of America and now their fourth in Whistler, BC named one of top 100 spas in America by Spas of America.

For more information about Scandinave Spa Whistler and the Scandinavian baths experience, visit www.scandinave.com or call 604-935-2424.

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